



Gemelli



Fondazione Policlinico Universitario Agostino Gemelli IRCCS  
Università Cattolica del Sacro Cuore

**PRESIDENTS**

*PROF. ANNA FAGOTTI / PROF. FRANCESCO FANFANI*

**SCIENTIFIC DIRECTOR**

*DR. URSULA CATENA*

**FONDAZIONE POLICLINICO UNIVERSITARIO  
AGOSTINO GEMELLI IRCCS**  
**LARGO AGOSTINO GEMELLI, 8 - 00168 ROMA**  
*Gemelli Training Center - Il floor - wing B*

**MAY 6th-7th, 2026**  
**OCT 21st-22nd, 2026**

# HOW<sub>to</sub> HYST

INSTRUMENTATION & SURGICAL TECHNIQUES • HYSTT • RESECTOSCOPY  
DIAGNOSTIC HYSTEROSCOPY • BIPOLAR OFFICE HYSTEROSCOPY  
MECHANICAL OPERATIVE HYSTEROSCOPY • TISSUE REMOVAL DEVICES

New Technologies in hysteroscopy have revolutionized the diagnosis and therapy of intrauterine disorders, ensuring excellent clinical results. Therefore, a strong knowledge of the new hysteroscopic techniques has a pivotal importance to keep gynaecologists updated. The hysteroscopy course “HOW TO HYST” is a two- day practical, intensive course set-up according to the European Academy of Gynaecological Surgery’s standards to give gynaecologists an opportunity to learn and practice the most modern hysteroscopic techniques. Hands-on training using the hysteroscopic trainer to simulate different possible intrauterine scenarios will be the core of this course along with theoretical lessons given by expert tutors. Participants will perform tested and certified practical exercises and will be trained in the use of hysteroscopic techniques according to the European Academy of Gynaecological Surgery’s format. The limited number of 2 participants for training station and the constant supervision by expert and certified tutors will ensure the quality of learning, thus enhancing the final results. The assessment of the hysteroscopic skills learned during the course will be tested by validated timed tests.

## **THE GESEA DIPLOMA**

The European Academy of Gynaecological Surgery in collaboration with the European Society of Gynaecological Endoscopy (ESGE) has elaborated a diploma programme open to those who have a surgical background. The GESEA (Gynaecological Endoscopic Surgical Education and Assessment) programme is based on the most innovative evidence-based medicine. The “How to Hyst” course prepares those wishing to obtain the GESEA diploma. During the course participants will have the opportunity to be tested by using the HYST (Hysteroscopic Skills Training and Testing) model used during the GESEA diploma testing. Our Simulation Training Centre for Gynaecology in Rome is one of the two centres in Italy officially accredited by the European Academy of Gynaecological Surgery for the GESEA Programme.

# SCIENTIFIC PROGRAM

## DAY 1

**12:00** *Welcome coffee and registration*

**12:30** *Welcome and Introduction*

**12:45** Tips & Tricks for a successful office hysteroscopy

**13:00** Hands-on: diagnostic hysteroscopy and vaginoscopic approach

**13:30** Modern Hysteroscopy: Digital Hysteroscopic Clinic organization

**14:00** GESEA Program

**14:30** Hands-on: HYSTT

(hysteroscopic skill straining and testing model)

**15:00** *Coffee break*

**15:30** Endometrial Biopsy: indications & techniques

**16:00** Hands-on: mechanical office hysteroscopy

**16:30** *Conclusions day 1*

## DAY 2

**09:00** Hysteroscopic Approach to Endometrial Polyps

**09:30** Hysteroscopic Approach to Uterine Fibroids

**10:00** Uterine Malformations: where we are

**10:30** *Coffee Break*

**11:00** Hands on: how to assemble the instruments

**11:30** Hands on: Bipolar office hysteroscopy

**12:00** Hands on: Resectoscopy (polyps, myomas)

**13:00** *Lunch*

**14:00** Fertility Sparing Treatment in Endometrial Cancer

**14:30** Complication in hysteroscopy

**15:00** Hands on: Resectoscopy (endometrial ablation)

**15:30** Hands on: Tissue Removal Devices (wet Lab + Virtual Simulators)

**16:00** *Conclusions*

# FACULTY

## **PRESIDENTS**

**ANNA FAGOTTI**

**FRANCESCO FANFANI**

*Università Cattolica del Sacro Cuore di Roma  
Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome*

## **SCIENTIFIC DIRECTOR**

**URSULA CATENA**

*Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome*

**FEDERICA CAMPOLO**

*Policlinico Abano, Presidio Ospedaliero Regione Veneto*

**FEDERICA BERNARDINI**

**ELEONORA LA FERA**

**VALERIA MASCIULLO**

*Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome*

## **ORGANIZING SECRETARIAT**

 **EludiaEvents**  
WE PROVIDE SOLUTIONS

Eludia Events S.r.l. società benefit  
info@eludiaevents.it  
Tel. 06 92918727

## **REGISTRATION**

Limited to 15 participants.  
Course registration fee:  
€ 500 for Specialists | € 300 for Trainees (VAT included)  
To register at the course please visit  
[www.eludiaevents.it](http://www.eludiaevents.it)