Gemelli

Fondazione Policlinico Universitario Agostino Gemelli IRCCS
Università Cattolica del Sacro Cuore

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Gemelli Training Center - II floor - wing B

OCT 21st-22nd, 2026

HOW to HYST

INSTRUMENTATION & SURGICAL TECHNIQUES • HYSTT • RESECTOSCOPY
DIAGNOSTIC HYSTEROSCOPY • BIPOLAR OFFICE HYSTEROSCOPY
MECHANICAL OPERATIVE HYSTEROSCOPY • TISSUE REMOVAL DEVICES

New Technologies in hysteroscopy have revolutionized the diagnosis and therapy of intrauterine disorders, ensuring excellent clinical results. Therefore, a strong knowledge of the new hysteroscopic techniques has a pivotal importance to keep gynaecologists updated. The hysteroscopy course “HOW TO HYST” is a two- day practical, intensive course set-up according to the European Academy of Gynaecological Surgery’s standards to give gynaecologists an opportunity to learn and practice the most modern hysteroscopic techniques. Hands-on training using the hysteroscopic trainer to simulate different possible intrauterine scenarios will be the core of this course along with theoretical lessons given by expert tutors. Participants will perform tested and certified practical exercises and will be trained in the use of hysteroscopic techniques according to the European Academy of Gynaecological Surgery’s format. The limited number of 2 participants for training station and the constant supervision by expert and certified tutors will ensure the quality of learning, thus enhancing the final results. The assessment of the hysteroscopic skills learned during the course will be tested by validated timed tests.

THE GESEA DIPLOMA

The European Academy of Gynaecological Surgery in collaboration with the European Society of Gynaecological Endoscopy (ESGE) has elaborated a diploma programme open to those who have a surgical background. The GESEA (Gynaecological Endoscopic Surgical Education and Assessment) programme is based on the most innovative evidence-based medicine. The “How to Hyst” course prepares those wishing to obtain the GESEA diploma. During the course participants will have the opportunity to be tested by using the HYST (Hysteroscopic Skills Training and Testing) model used during the GESEA diploma testing. Our Simulation Training Centre for Gynaecology in Rome is one of the two centres in Italy officially accredited by the European Academy of Gynaecological Surgery for the GESEA Programme.

SCIENTIFIC PROGRAM

DAY 1

12:00 ***Welcome coffee and registration***
12:30 ***Welcome and Introduction***
12:45 Tips & Tricks for a successful office hysteroscopy
13:00 Hands-on: diagnostic hysteroscopy and vaginoscopic approach
13:30 Modern Hysteroscopy: Digital Hysteroscopic Clinic organization
14:00 GESEA Program
14:30 Hands-on: HYSTT
(hysteroscopic skill straining and testing model)
15:00 ***Coffe break***
15:30 Endometrial Biopsy: indications & techniques
16:00 Hands-on: mechanical office hysteroscopy
16:30 ***Conclusions day 1***

DAY 2

09:00 Hysteroscopic Approach to Endometrial Polyps
09:30 Hysteroscopic Approach to Uterine Fibroids
10:00 Uterine Malformations: where we are
10:30 ***Coffee Break***
11:00 Hands on: how to assemble the instruments
11:30 Hands on: Bipolar office hysteroscopy
12:00 Hands on: Resectoscopy (polyps, myomas)
13:00 ***Lunch***
14:00 Fertility Sparing Treatment in Endometrial Cancer
14:30 Complication in hysteroscopy
15:00 Hands on: Resectoscopy (endometrial ablation)
15:30 Hands on: Tissue Removal Devices (wet Lab + Virtual Simulators)
16:00 ***Conclusions***

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ORGANIZING SECRETARIAT

EludiaEvents
WE PROVIDE SOLUTIONS

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REGISTRATION

Limited to 15 participants.
Course registration fee:
€ 500 for Specialists | € 300 for Trainees (VAT included)
To register at the course please visit
www.eludiaevents.it

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STORZ
KARL STORZ—ENDOSKOPE